The Wise Choice Process

In the face of any challenge, you can make a responsible decision by answering the six questions of the Wise Choice Process. This process is a variation of a decision-making process developed by Dr. William Glasser. (On Course: Strategies for Creating Success in College and in Life, p. 35).

1. What’s my present situation?
   - Identify the problem or difficulty.
   - Determine “What exists?” (not “Whose fault is it?”)

2. How would I like my situation to be?
   - Specify your goal (desired outcome)

3. What are my possible choices?
   - Without evaluating, make a list of options.

4. What is the likely outcome of each possible choice?
   - Decide how you think each choice is likely to turn out.

5. Which choice(s) will I commit to doing?
   - Make a promise to yourself.

6. When & how will I assess my plan?
   - Evaluate your results.

On Course, pp. 35-36