Skip Downing’s “Wise Choice Process”

1. What’s my present situation? (Describe the problem objectively and completely.)

2. How would I like my situation to be? (What is your idea future outcome?)

3. What are my possible choices? (Create a long list of specific choices that might create your preferred outcome.)

4. What’s the likely outcome of each possible choice? (if you can’t predict the likely outcome of an option, stop and gather more information).

5. Which choice(s) will I commit to doing? (Pick from your list of choices in Step 3).

6. When and how will I evaluate my plan? (Identify the specific date and criteria by which you will determine the success of your plan.)