



THE LAKEHAWK INSIDER

A PUBLICATION FROM LSSC ENROLLMENT & STUDENT AFFAIRS



DON'T BE SPOOKED: 3 TIPS TO PREPARE FOR MID-TERMS

October is here and mid-terms are right around the corner! Whether you're prepping for exams or just finding your stride for the rest of the semester, finding success is a personal journey. Here are three tips to help find success now and for the rest of the year.

1. CREATE A PERSONAL SCHEDULE

Use a calendar or planner to record all due dates, deadlines, and other important events. This will help you stay organized and ensure that you don't forget anything.

2. PRIORITIZE AND BREAK DOWN TASKS

Identify the most important tasks and focus on them first. This will help you make the most of your time and avoid wasting it on less important activities. Break large tasks into smaller, more manageable ones to make them less overwhelming and easier to complete.

3. USE YOUR RESOURCES

Lake-Sumter State College has a variety of resources available for students either online or at one of our campus locations. Whether you need support from a tutor or guidance on research, our Learning Services Team is available to help!





HEAR FROM LSSC STUDENT, CINDY FOX!

Cindy is a firm believer in keeping a planning book or scheduling system to stay on track with courses, assignments, and everything else going on in life. "It's easy to get stressed when school and life are disorganized, so a planner and good friends to help with accountability are important," says Cindy. She also embraces the resources at LSSC and the opportunities to connect with fellow students in SLS and the Student Center on the Leesburg campus. Cindy encourages all students to ask for help and make connections, emphasizing "you are not alone, everyone at LSSC wants you to succeed."

ABOUT CINDY

Cindy is from Philadelphia, PA. She moved to the area in 2019 and graduated from Tavares in 2020. She is completing her associate in arts through LSSC with plans to transfer to UCF and major in psychology. Cindy's goal is to become a high school psychology teacher after graduating from college.

Cindy chose to attend LSSC because of its convenience, as she didn't have a car following high school. She also struggled with mental health in the beginning of her time at LSSC, but the College provided support through counseling services and a student employment opportunity on the Leesburg Campus. She now feels confident because of her growth and personal connections throughout LSSC.

FLIGHT TIPS FOR LAKEHAWKS

- Attend a workshop or connect with library resources to prep for mid-terms.
- Build a personal schedule using an Outlook Calendar with your LSSC student account.
- Create a personal to-do list using the Microsoft To Do app.
- Get connected with Student Life.
- Catch up in LSSC news with the student run newspaper, The Angler.

IMPORTANT DATES & REMINDERS

- 10/15 - Fall Graduation applications due.
- 10/16 - Fall B7 (7-week) courses start.
- 10/16 - Spring open registration begins.
- 10/30 - Fall full semester course withdrawals deadline.
- 10/31 - Spring 2024 Foundation Scholarship closes.

ARE YOU INTERESTED IN CONTRIBUTING TO AN UPCOMING NEWSLETTER?

Contact Shasten Hildebrand at HildebrS@LSSC.EDU to be considered!



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THE ULTIMATE GUIDE TO SURVIVING THE END OF THE SEMESTER

The end of the semester is approaching, and you might be feeling overwhelmed. How can you manage your time, stress, and energy in the last weeks of school? You can do this, Lakehawks! You have worked hard throughout the semester, and you are almost there. Follow these tips, and you will survive the end of the semester with flying colors. Good luck, and happy holidays!

1. MAKE A PLAN

Use a calendar or planner to keep track of your due dates and exams. Prioritize your most important tasks and break them down into smaller steps. Set realistic goals and deadlines for yourself, and stick to them.

2. STUDY SMART

Don't cram for your finals at the last minute. Instead, review your notes and materials regularly, and use effective study strategies, such as making flashcards, taking practice tests, joining study groups, and explaining concepts to others. Find a quiet and comfortable place to study and avoid distractions. Visit the [LSSC Learning Center](#) for extra help and support.

3. TAKE CARE OF YOURSELF

Studying is essential, but so is your health and well-being. Make sure you get enough sleep, eat well, and stay hydrated. Exercise regularly and do some relaxing activities, such as yoga, meditation, or listening to music. Don't forget to have some fun, too. Reward yourself for your hard work, and celebrate your achievements with your friends and family.

4. ASK FOR HELP

You don't have to go through this alone. If you are feeling stressed, anxious, or overwhelmed, reach out to someone who can help you. Talk to your professors, advisors, counselors, or peers. They can offer you guidance, advice, encouragement, and resources. You can also access free and confidential counseling services through the [Student Assistance Program](#) at LSSC.

5. LOOK AHEAD

The end of the semester is not the end of your journey. It is an opportunity to reflect on your progress, learn from your mistakes, and plan for your future. Think about your goals, interests, and passions, and how you can pursue them in the next semester and beyond. You can also connect with [Career Development Services](#) at LSSC to find out more about your options and opportunities.



HEAR FROM LSSC STUDENT-ATHLETE, MANNY TOVAR!

Manny credits his success in navigating the end of the semester to prioritizing tasks, setting goals, and creating a detailed schedule. He also emphasizes the importance of self-care and asking for help when needed. “The Math Emporium and virtual tutoring from The Learning Center have been there to support me when I needed the extra help,” says Manny. He encourages fellow students to “stay motivated and focused on their career goals” and connect with their academic advisors to ensure they are on the right pathway throughout their time at LSSC.

When Manny isn’t training, working, or in class, you might find him in the Student Lounge, the hidden gem of the South Lake Campus, according to Manny.

ABOUT MANNY

Manny is from Puerto Vallarta, Mexico. He moved from Mexico to Michigan in 2013 before finding his home in Florida in 2014. Manny is a cross-country student-athlete studying to be a business analyst, project manager, or information technology consultant in the corporate world.

Manny chose to attend LSSC because of its proximity to his family and home. He is grateful his friends encouraged him to check out LSSC. “It has been a very rewarding experience to be able to further my education close to home while also being able to pursue running, thanks to Coach Cristy,” says Manny.

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IMPORTANT DATES & REMINDERS

- 12/1 - Building Your Future at LSSC Four Corners
- 12/8 - Leesburg Commencement Ceremony
- 12/11 - 1/17 - Financial aid bookstore authorizations
- 12/13 - South Lake Commencement Ceremony
- 12/16 - 1/1 - College closed
- 1/8 - Classes begin

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